ur mission is to promote and support the natural and cultural resources of Pennsylvania's state parks and forests through leadership in recreation, education, conservation and volunteerism.

The Pennsylvania Parks and Forests Foundation began in 1999 to give users and supporters of Pennsylvania's parks and forests a positive way to contribute to the conservation of the commonwealth's publicly owned lands and water. We work to engage people in the outdoors through recreation and volunteerism; we establish friends groups in parks and forests; we assist the Department of Conservation and Natural resources in accomplishing projects and acquiring goods; and we provide a tax deductible vehicle for donations to parks and forests.

To learn more about us, visit our website at: www.paparksandforests.org

Visit us on Facebook and follow us on Twitter!



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Cover Photo:

Loyalsock State Forest
Photo by Donna Sherwood
Submission, Outdoor Recreation
PPFF Take Five in the Outdoors Photo Contest

TAKE FIVE IN THE OUTDOORS CINQUAIN POETRY



A Tribute to the
Pennsylvania State Parks & Forests in Verse
(and Photographs)



All through 2012, Pennsylvania Parks & Forests
Foundation and Hershey Corporation joined to present
Take Five in the Outdoors, encouraging all of us to do
just that - take five! Take five minutes to get away from
the computer screen each hour, take five hours a week to
go outside and play, take five days out of the year to
volunteer in a state park or forest.

During the summer, we challenged state park and forests users to take inspiration from the public lands they love and try their hand at a cinquain - a specific form of five -line verse. The winner and two runners-up were ultimately chosen by the Foundation's Board of Directors. We thank them for their hard work on this task and all the other requests we make of them.

Paired here with photographs submitted by our Facebook fans (to our Take Five in the Outdoors photo contests and general appeals) and a couple taken by staff or our Chapters, we hope you find your own inspiration!

And, of course, there's nothing like time outside with a friend!



Gouldsboro State Park
Photograph by Bernetta Dougert
Winner, Dogs in the Outdoors
PPFF Take Five in the Outdoors Photo Contest



Oil Creek State Park
Photo by Dot Monahan
Submission, Kids in the Outdoors
PPFF Take Five in the Outdoors Photo Contest

Dag Furry, sensitive Sniffing, greeting, watching Camping with my family Pet

- Ida Adkins



Ridley Creek State Park Photograph by Carly Reese Honorable Mention 2011 PPFF Dogs in the Outdoors Photo Contest

Forests Vibrant, alive Walk leafy paths Marvel at autumn's colors Wondlands

- Ron Shafer

Autumn Colorful leaves Changing with the season Each day is short, winter is near Fall

- Ida Adkins

Elk Beautiful - Ginormous Bugling - Clanking - Stampeding Natures Beauty In Rut Bulls

- Stephanie Miller



TAKE FIVE IN THE OUTDOORS

Weiser State Forest
Photo by Kiersten Novick
Third Place, Appreciation of Beauty
PPFF Take Five in the Outdoors Photo Contest



Worlds End State Park
Photo by Colleen Rhoades
Third Place, Kids in the Outdoors
PPFF Take Five in the Outdoors Photo Contest

Release Carefree, joyous Running, Playing, Free rein Abandonment of schedules Freedom

- Jan McLaughlin

Sailing
Colorful - Peaceful
Blowing - Leaning - Rippling
Wind Beneath Your Wings
Boating
- Stephanie Miller

The Winner:

Cabins
Rustic - Homey
Warming - Welcoming - Sharing
Making Memories For Life
Shelter

- Stephanie Miller



Rustic Cabin at Cook Forest State Park Photograph by Tom Dorsey

For a magnet featuring Stephanie's verse and Tom's photograph, please send a self-addressed stamped envelope to the PPFF office. Our address is on the back cover of this booklet

Second Place:

Autumn Brilliant colors Dancing, floating, dropping Nature's celebration before slumber. Fall

- Stephanie Vogt

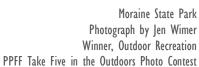


Whipple Dam State Park Photograph by Larry Laird Winner, Critics Choice Best in Show PPFF Take Five in the Outdoors Photo Contest

Third Place:

Nature Beautiful, Green Hiking, Swimming, Boating Quality Moments with Family Earth

- Jan McLaughlin







Black Moshannon State Park Photo by Matt McGeehan Submission, Outdoor Recreation PPFF Take Five in the Outdoors Photo Contest

Water Liquid joy Swimming, Kicking, Playing Abandonment of daily cares. Lake

- Jan McLaughlin

For still others, creativity flows from the simple beauty of the parks and forests:



Presque Isle State Park Photo by Laurie Finch First Place, Appreciation of Beauty PPFF Take Five in the Outdoors Photo Contest

Nature Forest, Pond Exploring, Birding, Hiking Nature's magic at work. Wildlife

- Linda Gilpin Snyder

For others, their favorite outdoor activities or events let creativity flow:



Camping Family, friends Hiking, exploring, discovering Dutdoors at a favorite state park Nature

- Ida Adkins

Ricketts Glen State Park
Photo by Renee Andreuzzi
Submission, Outdoor Recreation
PPFF Take Five in the Outdoors Photo Contest

Journey Pace, Gait, Footstep Stretching, Striding, Climbing City boy walking in the woods. Hiker

- Jan McLaughlin



A Winter Walk, Tuscarora State Forest Photo by PPFF President Marci Mowery



Pinchotween, Gifford Pinchot State Park Photo by Staff, Pinchot State Park

Halloween Spooky, creepy tricking, treating, screaming A weekend of fright and delight Spooktacular

- Ida Adkins

Sometimes a common thread was woven:



Serenity Woods Relaxing Soothing Healthy Inspiring A Soul Searching Journey Tranquility

- John Petonyak

Ricketts Glen State Park
Photo by Donna Sherwood
Submission, Appreciation of Beauty
PPFF Take Five in the Outdoors Photo Contest



Canoe Creek State Park Photo by Timothy Garlick Submission, Appreciation of Beauty PPFF Take Five in the Outdoors Photo Contest

Serenity Stealthy, sweet Seeking, Surrounding, Soothing Song for my soul Repose

- Mary Jean Bower

Some poets paid tribute to their favorite state park:

Nockamixon "Soft soil" My soul soil

I find true path through leaf-strewn trails

Return

- Charlotte Brown

Nackamixan Saft sail Fishing, Sailing, Hiking Full of Family Fun Lake

-Bridget Reinert



Lake Nockamixon Photo by Charlotte Brown Friends of Nockamixon



Sunset at Glendale Lake Marina Photo by PPFF President Marci Mowery

Camping Natural, Comfortable Relaxing, Biking, Swimming Prince Gallitzin is Amazing! Adventure

- Lexie Smith

Or favorite state parks!

Moraine exciting, enjoyable fishing, swimming, boating Delight in Lake Arthur. Park

Jennings PA's prairie blazing stars, rattlesnakes Learn about the environment State Park

Goddard diverse, expansive biking, hiking, picnicking View the eagles' nests. Park



Moraine State Park
Photograph by Lindsay Rethage
Submission, Kids ini the Outdoors
PPF Take Five in the Outdoors Photo Contest



Oil Creek State Park
Photograph by Tom Dorsey
Winner, People's Choice Best in Show
PPFF Take Five in the Outdoors Photo Contest

Oil Creek woodlands, water eagles, deer, fish, snakes, bears Ride the OC & T Railroad. State Park

- All by Michelle Brzuz