Explore the Outdoors

Near Delaware Water Gap, PA

- **Beltzville State Park** The 525' sand beach makes swimming and boating popular here. Excellent trout fishing, hiking, and biking.
- **Big Pocono State Park** Scenic views of 3 states can be enjoyed from the summit of Camelback Mountain. There are miles of trails for hiking, horseback riding, and mountain biking.
- Delaware Canal State Park Enjoy ever- changing scenery along the 60 mile historic towpath of the Delaware Canal.
- **Delaware State Forest** The forest is characteristic of the Pocono region, with remote glacial lakes and bogs rich with plants, wildlife and scenic beauty.
- **Gouldsboro State Park** 250-acre Gouldsboro Lake offers boating and swimming. Other activities including 10 miles of hiking trails, picnicking, fishing, hunting, mountain biking, and winter sports.
- **Hickory Run State Park** Located at the foothills of the Pocono Mountains, you can swim in Sand Spring Lake or hike on over 40 miles of trails. A great spot for exploring is Boulder Field, a National Natural Landmark.
- Jacobsburg Environmental Education Center This is the perfect setting for hunting, fishing, bird watching, and outdoor enjoyment. There are miles of trails for hiking, mountain biking, and horseback riding.
- Lehigh Gorge State Park The park has over 20 miles of abandoned railroad grade which provides opportunity for hiking and biking.
- Locust Lake State Park Known for its camping areas, but hiking, swimming, and fishing are popular as well.
- **Nescopeck State Park** Hike trails through quiet forests and along the creek. The Environmental Education Center offers year round programs.
- Nockamixon State Park Popular activities are picnicking, visiting the pool, hiking, biking, fishing, and boating.
- **Promise Land State Park** Two lakes, campgrounds, many hiking trails, and beautiful scenery make the park popular all year round. A seasonal museum explores area wildlife and the work of the CCC.
- Ralph Stover State Park Scenic picnicking along the Tohickon Creek.
- Tobyhanna State Park A scenic park including the Tobyhanna Lake, perfect for swimming.
- **Tuscarora State Park** The park offers a wide variety of environmental education and recreational programs. A great spot for day trips and family reunions.







Explore the Outdoors

Volunteer Opportunities

Volunteer

Volunteers - they're the lifeblood of our parks and forests. The Pennsylvania Parks and Forests Foundation offers a wide variety of opportunities to put a volunteer's special skills to work. Whether you're a trail-builder, a wildlife expert, an event organizer or one of those special people who always say, "Just put me to work wherever you need me," Pennsylvania's state parks and forests have a role for you.

Foundation Volunteers

Volunteers are welcome to assist with mailings, events, photography, videography, media editing, and more.

Volunteer in State Parks and Forests with Friends Groups

Friends Groups are local groups who volunteer their time, services and support to enhance our state park and forest systems.

What Do Friends Groups Do?

They work in partnership with the park to:

- Raise money for park playgrounds, equipment, and material
- Organize annual park cleanups and regular trail work days
- Plan and execute special events including craft shows, concerts and festivals
- Construct park and forest amenities like trails, visitor centers and gift shops
- · Serve as campground hosts, visitor center hosts, and docents
- · Create awareness about the value of their state park or forest

Eastern Pennsylvania Friends Groups

- Friends of Beltzville State Park
- Friends of Big Pocono State Park
- Friends of Nockamixon State Park

Conservation Volunteers

Volunteer opportunities in state parks and forests are also available through the Department of Conservation and Natural Resources.

Learn more at www.paparksandforests.org and https://www.volunteers.dcnr.state.pa.us/index.aspx





