## Explore the Outdoors

### Near Delaware Water Gap, PA

- **Beltzville State Park** The 525' sand beach makes swimming and boating popular here. Excellent trout fishing, hiking, and biking.
- **Big Pocono State Park** Scenic views of 3 states can be enjoyed from the summit of Camelback Mountain. There are miles of trails for hiking, horseback riding, and mountain biking.
- Delaware Canal State Park Enjoy ever- changing scenery along the 60 mile historic towpath of the Delaware Canal.
- **Delaware State Forest** The forest is characteristic of the Pocono region, with remote glacial lakes and bogs rich with plants, wildlife and scenic beauty.
- **Gouldsboro State Park** 250-acre Gouldsboro Lake offers boating and swimming. Other activities including 10 miles of hiking trails, picnicking, fishing, hunting, mountain biking, and winter sports.
- **Hickory Run State Park** Located at the foothills of the Pocono Mountains, you can swim in Sand Spring Lake or hike on over 40 miles of trails. A great spot for exploring is Boulder Field, a National Natural Landmark.
- Jacobsburg Environmental Education Center This is the perfect setting for hunting, fishing, bird watching, and outdoor enjoyment. There are miles of trails for hiking, mountain biking, and horseback riding.
- Lehigh Gorge State Park The park has over 20 miles of abandoned railroad grade which provides opportunity for hiking and biking.
- Locust Lake State Park Known for its camping areas, but hiking, swimming, and fishing are popular as well.
- **Nescopeck State Park** Hike trails through quiet forests and along the creek. The Environmental Education Center offers year round programs.
- Nockamixon State Park Popular activities are picnicking, visiting the pool, hiking, biking, fishing, and boating.
- **Promise Land State Park** Two lakes, campgrounds, many hiking trails, and beautiful scenery make the park popular all year round. A seasonal museum explores area wildlife and the work of the CCC.
- Ralph Stover State Park Scenic picnicking along the Tohickon Creek.
- Tobyhanna State Park A scenic park including the Tobyhanna Lake, perfect for swimming.
- **Tuscarora State Park** The park offers a wide variety of environmental education and recreational programs. A great spot for day trips and family reunions.







# Explore the Outdoors

## Volunteer Opportunities

#### Volunteer

Volunteers - they're the lifeblood of our parks and forests. The Pennsylvania Parks and Forests Foundation offers a wide variety of opportunities to put a volunteer's special skills to work. Whether you're a trail-builder, a wildlife expert, an event organizer or one of those special people who always say, "Just put me to work wherever you need me," Pennsylvania's state parks and forests have a role for you.

#### **Foundation Volunteers**

Volunteers are welcome to assist with mailings, events, photography, videography, media editing, and more.

#### Volunteer in State Parks and Forests with Friends Groups

Friends Groups are local groups who volunteer their time, services and support to enhance our state park and forest systems.

#### What Do Friends Groups Do?

They work in partnership with the park to:

- Raise money for park playgrounds, equipment, and material
- Organize annual park cleanups and regular trail work days
- Plan and execute special events including craft shows, concerts and festivals
- Construct park and forest amenities like trails, visitor centers and gift shops
- · Serve as campground hosts, visitor center hosts, and docents
- · Create awareness about the value of their state park or forest

#### Eastern Pennsylvania Friends Groups

- Friends of Beltzville State Park
- Friends of Big Pocono State Park
- Friends of Nockamixon State Park

#### **Conservation Volunteers**

Volunteer opportunities in state parks and forests are also available through the Department of Conservation and Natural Resources.

Learn more at www.paparksandforests.org and https://www.volunteers.dcnr.state.pa.us/index.aspx





