Helpful Nordic Skiing Web Sites:

www.rei.com - besides equipment, lots of info about selecting gear and technical ideas

<u>www.paccsa.org/index.html</u> -PA Cross-Country Skiers Association site.

Wonderful site with lots of good, current information and links to other places to ski. Webcam shows conditions at Laurel Ridge State Park and Laurel Summit

<u>www.dcnr.state.pa.us</u> -very useful site form PA Dept. of Conservation and Natural Resources.

Go to "Adventures" and you can find info for many places in state to x-c ski, snowshoe, hike, bike, etc.

<u>www.WAR-Nordic.org</u> - official website of the Nordic Ski Patrols of the Nat'l Ski Patrol Western Appalachian Region. Contact and training info, good links to other sites.

www.crosscountryskipa.com - Wonderful site with useful info about where to ski in PA and conditions.

www.crosscountryskier.com - Cross-Country Skiers Magazine on-line version. Good stuff!

www.wintertrails.org/index.php - site offers info for range of snow sports, good x-c articles

www.xcskiworld.com - X-C ski area assn. website with links to many great places to ski.

www.fasterskier.com - Nordic Skiing Magazine with lots of info regarding racing events.

<u>www.snowcountry.com</u> - site provides snow conditions around the US and other skiing news.

www.skitrax.com - SkiTrax - N. Amer. X-C Skiing Magazine - info about Nordic racing and skiing destinations

<u>www.woodenskis.com</u> - Wooden Ski Country – really neat site with loads of info about the history of Nordic skiing and gear. Info about Nordic events using wooden skis.

<u>www.swixsport.com</u> - Swix Sport – great site for information on skiing, waxing, gear care.

<u>www.noaa.gov</u> - NOAA – weather maps and forecasts

Places To Ski:

Blue Knob Ski Area – www.blueknob.com
The Wilderness Lodge, PA - www.thewildernesslodge.net/
Whitegrass Nordic Ski Area, WV - www.whitegrass.com/
Laurel Ridge State Park

Rentals in W. Pa

Thrifty Ski Rentals 724-593-6404 <u>www.thriftyskirental.com</u>
Route 31 Board and Ski 814-443-1282 <u>www.route31boardandski.com</u>
Laurel Ridge X-C Ski Center 724-455-7303 <u>www.riversportonline.com/laurelridge</u>