



Photo by Jim Fennen

A Covid Recap

While the events of the past two years have presented challenges and forced the cancellation of many activities, they haven't stopped the Friends of Cowans Gap State Park from continuing our efforts to enhance the experience of park visitors and campers. Since spring 2020 we have focused our efforts on physical improvements and services that have benefited the increasingly large number of guests who have discovered the pleasure and benefits of being outdoors.

On page two, you'll find a summary of some of the projects we have completed during the past two years.

Find us on Facebook or on the web at https://cowansgap.org/

Quarterly Newsletter

Winter 2022

Welcome to our Newsletter--with a new look and new features. In each issue you will find updates on Friends' events and projects, news from the Park, and information about how you can join us in our efforts to preserve, protect and enhance Cowans Gap State Park.

We've been busy....

Since spring of 2020 the Friends have continued to work on behalf of the park in whatever way we could within Covid guidelines...

- A new playground area was added for our younger campers and park visitors.
- A second woodshed was constructed in campground B to improve storage of firewood supplies.
- A stuffed coyote and fawn were acquired and are on permanent display at the Brightbill Interpretive Center.
- When restrictions were lifted, we revived Music in the Park concerts with the return of park favorite Chris Woodward and Shindiggin.
- Yoga on the Peninsula was a new activity offered in a beautiful setting alongside the lake.
- Harvest Day Festival was held in October with Pumpkin Carving, Cider Pressing, Crafts, and Hayrides...despite an abundance of rain!









With the new season in 2022 we are back in full swing!

Join us for one or more of the many activities for visitors and campers.

SK Run/Walk. Sunday, April 10th - Race begins at 2:00 pm

Bring the family for a run/walk through the park. The course is entirely on park roads and trails and will take runners/walkers twice around the lake. Race day registration opens at 12:00 noon at the food concession building located near the beach. Race begins at 2:00 pm. For entry fees and pre-registration go to: https://cvraceseries.us/TimberHillTimingEvents.php Or

https://www.facebook.com/friendsofcowansgap/

Music in the Park. Saturdays June 11th, July 9th, & August 13th 6:00 pm to 8:00 pm

Enjoy an evening concert by the lake. Bring a chair or blanket and enjoy a free concert at the park's amphitheater.

- June 11th Chris Woodward and Shindiggin
- July 9th Stoney Creek Bluegrass
- August 13th Tussey Mountain Moonshiners

Art in the Park. Saturdays June 18th, August 20th, & October 8th

11:00 am to 1:00 pm

Join a professional artist to create a landscape painting of the park. All materials will be provided. Please register at <u>http://events.dcnr.pa.gov/</u>or contact the park office at (717) 485-3948.

Beach Bash! Friday, August 26th, 5:30 pm

Gather at the beach for a free end-of-summer celebration featuring music and entertainment by DJ Ryan Stahl from RS Entertainment.

Yoga on the Peninsula. Thursday, May 15th at 5:30 pm, Saturday June 11th at 11:00 am & Thursday, July 14th at 5:30 pm.

Enjoy a free 60-minute Vinyasa Yoga class *for all skill levels*. Improve your flexibility and strength and relax as you are led by a professional yoga instructor in an evening class by the lake. Meet at the amphitheater. Bring your own mat.

Harvest Day Festival, October 15th, 10:00 am to 3:00 pm

Bring the family out for some fall fun in the park! Enjoy pumpkin carving, autumn crafts, hayrides, apple cider pressing & much more! Sample free cider and autumn snacks.

Meet and work with people who love the outdoors and value our state parks. Accept our invitation to become a member.

Complete the information below and send to:

Friends of Cowans Gap State Park, PO Box 741, Chambersburg, PA 17201 (Please make your check or money order out to PPFF and in the memo line write "FOCG")

Name	Phone
Street	
City	_ State Zip
Email	
Individual Membership \$15	Non-Profit Group \$30
Senior Membership (62 & older) \$10	Business \$50
Family Membership \$25	Donation Only \$

_ Yes! I'm interested in volunteering!

Friends of Cowans Gap State Park is a chapter of the PA Parks & Forests Foundation (PPFF). PPFF is a 501(C)(3) non-profit organization. Contributions to PPFF are tax deductible to the fullest extent of the law.

You may also join online at our website <u>https://cowansgap.org</u> or visit our Facebook page <u>https://www.facebook.com/friendsofcowansgap/</u>

Members are invited to attend our monthly meetings held April through November at 6:00 pm at the Brightbill Interpretative Center at Cowans Gap State Park.

Our Mission **The Friends of Cowans Gap State Park** exists to preserve, protect, and enhance the environment, the history, and the educational and recreational activities of the park through public programs, special events, volunteerism, and advocacy.

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