

In the spring of 2025, PA Parks & Forests Foundation conducted an online survey of “Your Favorite Trail to ...”. Here are some resulting ideas for mountain biking.

All State Parks/Forests Mentioned

- Lehigh Gorge State Park
- Allegheny National Forest
- Blue Knob State Park
- Jacobsburg Environmental Education Center
- Tiadaghton State Forest
- Black Moshannon State Park
- Codorus State Park
- Cook Forest State Park
- French Creek State Park
- Greenwood Furnace State Park
- Laurel Summit State Park
- Marsh Creek State Park
- Nockamixon State Park
- Pymatuning State Park
- Swatara State Park
- Weiser State Forest



Photo Credit: Linda Stager, Tioga State Forest

Safety Tips for Mountain Biking

1. Wear a properly fitting helmet and eye protection
2. Be aware of the hunting season and wear fluorescent orange accordingly
3. Only ride trails that are appropriate for your skill level
4. Always ride with a partner and make others aware of your plans
5. Dress accordingly for weather and be alert to changing weather conditions

Equipment Needed

- Helmet
- Gloves
- Eye Protection
- Padded Shorting
- Appropriate shirt and jacket
- Tool and Flat-tire repair kit
- First Aid Kit
- Navigation tool
- Hydration and nutrition for the ride
- Proper footwear

French Creek State Park

Counties: Located in both Berks and Chester counties

French Creek Loop

- 11.3-mile loop trail
- Riders travel over multiple trails in the French Creek State Park System including the West Entrance Connector Trail, the Horseshoe Trail, the Turtle Trail, and the Boone Trail
- GPS or navigation tool is recommended
- Trailhead located at the Hopewell Lake Recreation Area
- Trail contains rocky terrain, technical sections, and straightforward singletrack sections
- Trails are well marked
- E-bikes are allowed

Bald Eagle State Forest

Counties: Located in Centre, Clinton, Mifflin, Snyder, and Union counties

Black Gap Figure 8 Trail

- 7.3-mile loop trail
- Trailhead located from Black Gap Road, which connects Engle Road and McCall Dam Road
- Considered a moderately challenging trail
- Trail includes a relatively diverse terrain

Cowbell Hollow Trail

- 3.0-mile point-to-point trail
- Singletrack trail that contains a diverse terrain
- Known as a difficult trail due to its downhill sections
- Trailhead located off White Deer Creek Road

Codorus State Park

County: York County

Codorus State Park Mountain Bike Area

- 195-acre Mountain Biking Area
- Trails are unmarked
- Located on the northern shore of the park
- Trailhead located at Codorus State Mountain Bike Parking Area on Bankert Road
- 5.75 miles of snowmobile trails are also open to mountain biking and hiking
- Trails are considered moderate with some climbs and features like roots and logs



Photo Credit:: David Raymond, Ohiopyle State Park