



Course Study Guide

PPE

- Always bring and wear the appropriate PPE for the work you are doing
- It's important to check for ticks after each work session
- Wearing treated clothing and using bug repellents prevents bites

Hydration

- Pack a minimum of one liter of water for every hour you'll be out on the trail
- Proactively drink water before you feel thirsty
- In hot, humid conditions take frequent breaks in the shade, if possible

Hazzards

- Use the OOPS checklist before you start working
- Err on the side of caution. If you're not sure of the safety of an activity, call it off.

Tools

- Always carry a first aid kit
- Always carry a phone or radio, taking note whether or not you have service at your project site
- Hand loppers and folding limb saw covers many light maintaining scenarios
- A multi purpose tool like a McLeod is great for tread work

Assessment _ Trail

- An accurate and well detailed assessment is a quality assessment
- Your scope as a steward is to make assessment, not agency level decisions

Assessment _ Water

- Water management is generally the most crucial need for trail sustainability
- Proactively clearing drains and outlets prevents larger water problems from developing
- If possible, assessing a trail during a rain event is a great way to observe how water interacts with the trail tread
- Cutting the berm on the downslope side of the trail helps the water to sheet off

Assessment _ Brushing

- Light brushing is possible using the tools contains in the basic maintaining toolkit
- If possible, assess brush and overhead clearance during a rain event
- Trees across the trail that are larger than a hand saw can easily address, are best handled by a certified sawyer or state park or forest staff. Identify the proper location is of great assistance to the trees removal.
- Photos and location are very important when reporting a downed tree

Assessment _ Tread

- Look for signs of erosion and sediment deposition to locate where potential problems exist
- Pay attention to steep areas as they are most prone have erosion issues
- Report any social trails you may encounter by noting their exact location

Assessment _ Tread

- Structures include shelters, kiosks, turnpiking, retaining walls, bridges, steps, and signage
- Report missing or defaced signs, graffiti wherever it occurs, and any sign of vandalism